

Indira Gandhi National Open University

Programme Study Centre, Vijayapur – 85004P
BLDEA's Shri B. M. Patil Institute of Nursing Sciences, Vijayapur

Schedule for CAHC Programme (SOHS)

Academic Counselling – JULY 2026 Session

Time: 2:00 PM to 4:00 PM

SL.No	Topic	Link of Recoded session/ Name of Academic Counselor	Date and Time For 2 hours	Online Link for Theory class /Video Class
1	TC-1BLK-1 Unit-1 Introduction to Adolescence Unit-2 Needs and Concerns of Adolescents	https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJsgLJrgbb?projector=1	19/10/2026	https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJsgLJrgbb?projector=1 (Video Link)
2	TC-1BLK-2 Unit-1 Physical Changes in Boys and Girls Unit-2 Cognitive Changes Unit-3 Emotional and Psychosocial Changes	https://drive.google.com/file/d/1bCMs1Dlo2TKvbJFLglsh8lxnQ6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaquw3/view?usp=drive_link	20/10/2026	https://drive.google.com/file/d/1bCMs1Dlo2TKvbJFLglsh8lxnQ6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaquw3/view?usp=drive_link (Video Link)
3	TC-1BLK-4 Unit-1 Sex and Sexuality Unit – 2 Gender	• Doubt clarification for theory course-1, Block 1, 2 & 3 in first half an hour • Unit 1 & 2 of the theory course 1 Block 4 Name of Academic counselor – Mrs Savitri	21/10/2026	https://meet.google.com/knr-mazs-fzd
4	TC-2BLK-1 Unit – 1 Health and Hygiene (Including Menstrual Hygiene)	https://drive.google.com/file/d/1dNDQRmvVNYcOAI0FrNbyThy1pwbCPP6Y/view?usp=drive_link	22/10/2026	https://drive.google.com/file/d/1dNDQRmvVNYcOAI0FrNbyThy1pwbCPP6Y/view?usp=drive_link (Video Link)

5	TC-2BLK-1 Unit-2 Nutrition	- Doubt clarification for theory course-2,Block1, Unit1,2&3 in first half an hour - Unit1&2theorycourse2block1 Name of Academic counselor – Mrs Savitri	23/10/2026	https://meet.google.com/knr-mazs-fzd
6	TC-2BLK-1 Unit-3 Substance Abuse	Name of Academic counselor– Mrs Savitri	24/10/2026	https://meet.google.com/knr-mazs-fzd
7	TC-2BLK-2 Unit-1 Adjustment and Conduct	https://drive.google.com/file/d/1bnhMNakvetyJ8hpxzCwdT6X6QtMFDX9m/view	25/10/2026	https://drive.google.com/file/d/1bnhMNakvetyJ8hpxzCwdT6X6QtMFDX9m/view (Video Link)
8	TC-2BLK-2 Unit –2 Peer Influence	https://drive.google.com/file/d/1nABQnofO3nrManHzGmEloLZ80nKrna1c/view	26/10/2026	https://drive.google.com/file/d/1nABQnofO3nrManHzGmEloLZ80nKrna1c/view (Video Link)
9	TC-2BLK-2 Unit-3 Stress	https://drive.google.com/file/d/141_TZxfrl2DLM5JHO7QowZTBpcom6Mqh/view	27/10/2026	https://drive.google.com/file/d/141_TZxfrl2DLM5JHO7QowZTBpcom6Mqh/view (Video Link)
10	TC-2BLK-2 Unit-4 Depression and Suicide	https://drive.google.com/file/d/1KyWvC7Dkl_K0jhJxu5X9pWFT1y4xE9U/view	28/10/2026	https://drive.google.com/file/d/1KyWvC7Dkl_K0jhJxu5X9pWFT1y4xE9U/view (Video Link)
11	TC-2BLK-2 Unit –5 Media Influence	https://drive.google.com/file/d/1NhEQKlMnoDvTnpaovti-me0rc5Klw1UK/view	29/10/2026	https://drive.google.com/file/d/1NhEQKlMnoDvTnpaovti-me0rc5Klw1UK/view (Video Link)
12	TC-2BLK-3 Unit-1 RTI/STI And HIV & AIDS Unit-2 Sexual Harassment	Name of Academic counselor– Dr SatishB Nadagaddi	30/10/2026	https://meet.google.com/yxt-xqyk-uoc

	/violence			
13	TC-2BLK-3 Unit-3Early marriage & Teenage pregnancy	https://drive.google.com/file/d/1LZAfCi8l9X2MmT6YPmOtJBcvBJ9vQaLG/view	31/10/2026	https://drive.google.com/file/d/1LZAfCi8l9X2MmT6YPmOtJBcvBJ9vQaLG/view (Video Link)
14	TC-2BLK-4 Unit-1LifeSkills (Personality development)	Name of Academic counselor – Dr Laxmi	1/11/2026	https://meet.google.com/knr-mazs-fzd
15	TC-2BLK-4 Unit-2Communicating with Adolescents	Name of Academic counselor – Dr Amitkumar Biradar	2/11/2026	https://meet.google.com/knr-mazs-fzd
16	TC-2BLK-4 Unit-3Guidance and Counselling	Name of Academic counselor – Dr Amitkumar Biradar	3/11/2026	https://meet.google.com/knr-mazs-fzd
17	TC-2BLK-4 Unit-4Counseling strategies and skills	Name of Academic counselor – Mr Sachin Parnakar	4/11/2026	https://meet.google.com/knr-mazs-fzd
18	TC-2BLK-4 Unit-5 Scholastic Issues (Career Plan)	Name of Academic counselor – Mr Sachin Parnakar	5/11/2026	https://meet.google.com/knr-mazs-fzd


Programme-in-charge
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